



5 OUT OF 4 PATTERNS

Sewing School: Encasing Elastic

Note: This tutorial uses 1/4" elastic. If using a different size elastic adjust accordingly.

1. Cut fabric 1.25" in length and whatever width you need for your project. (If you are NOT using 1/4" elastic, simply cut fabric 2 times the length of elastic PLUS seam allowance.)

2. Cut elastic the width needed PLUS and extra 2-3"

3. Match long edges up RIGHT SIDES TOGETHER and pin elastic to the raw edges. Using a stretch stitch or a serger, sew the elastic against the edge of the strap. Turn strap right side out using a bobby pin, safety pin or bodkin.

