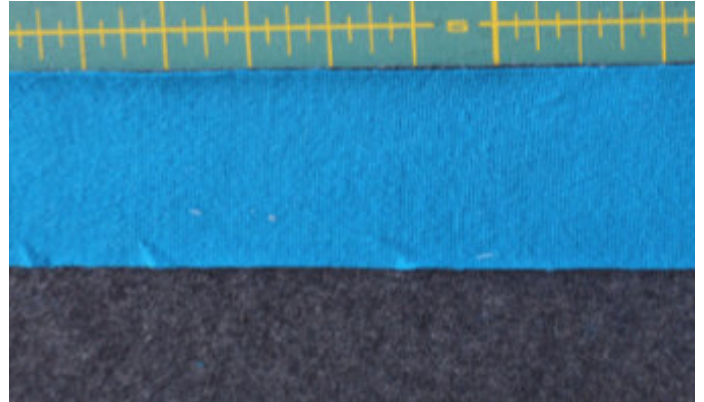


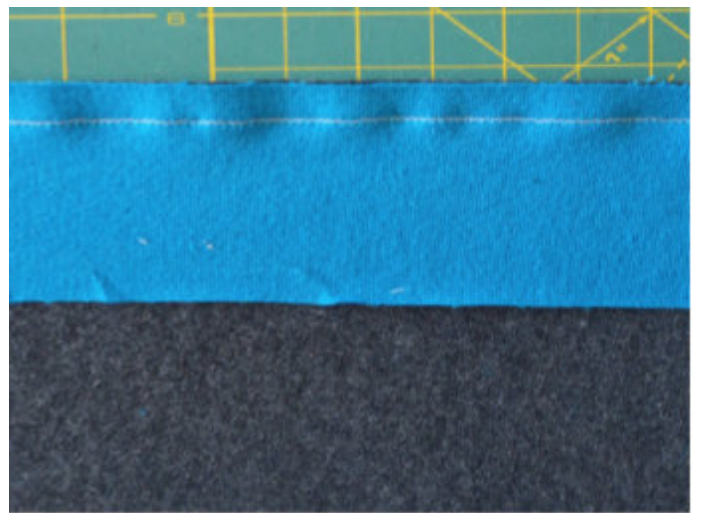
Sewing School: Double Fold Binding

The double fold binding method is similar to the single fold, but will provide a finished edge on the wrong side. In this example I cut my binding at 2”.

1. Line the edge of your binding up with the edge of your fabric, right sides together.



2. Sew using a stretch stitch, zig zag, or serger using the desired seam allowance.

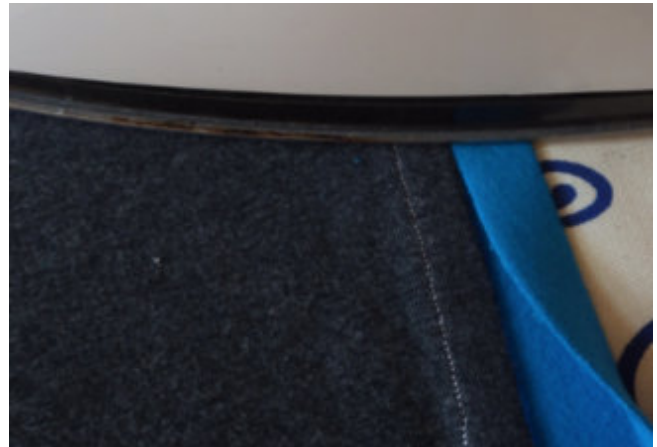


3. Pull binding up and press seam allowance toward binding.



Sewing School: Double Fold Binding

4. Fold binding toward seam allowance so the edge of the binding meets the edge of the seam allowance. Press.



5. Fold the binding over the top of the seam allowance. Press. Pin or clip to keep the binding in place. 1/4" Wash-Away Wonder Tape is great for keeping it in place.



6. With the RIGHT side of the fabric up, use a stretch stitch, zig-zag, twin needle, or cover stitch to sew along the edge of the binding.



Sewing School: Double Fold Binding

Completed binding from the RIGHT side. You can, simply, use a small zig-zag, stretch stitch as seen in blue or a twin needle. you can even use a cover stitch (not shown).

